



H·I·G·L·E·Y

C O N N E C T

E N G A G E

I N S P I R E

# Community Resource Guide

## **ALCOHOL & OTHER DRUGS**

### **Adolescent Substance Abuse Program (ASAP)**

602-953-2727 (ASAP)

2530 S. Alma School Rd. Mesa, AZ

### **Alcoholics Anonymous**

602-264-1341—meeting information

[www.aaphoenix.org](http://www.aaphoenix.org)

### **Alcoholism & Addiction Assistance Assoc.**

602-277-7527

4210 N. Longview Ave

Phoenix AZ 85014

### **AZ Board of Behavioral Examiners**

[www.azbbhe.us](http://www.azbbhe.us)

### **AZ Drug Information Website**

[www.drugfree.com](http://www.drugfree.com)

### **AZ State Conference of Young People in AA**

[www.ascypaa.org](http://www.ascypaa.org)

Specific drug info

### **Banner Behavioral Health**

602-254-HELP—Free helpline

757 E. Earl Drive

Scottsdale, AZ 85251

Offers inpatient and outpatient behavioral health and substance abuse treatment for adolescents and adults.

### **Center for New Directions**

480-507-8619

943 S. Gilbert Road, Suite 204

Mesa, AZ 85204

Provides substance abuse treatment services and behavioral health counseling.

### **Cocaine Anonymous**

[www.caarizona.org](http://www.caarizona.org)

### **Community Bridges/Journey-A New Beginning**

480-962-7922

1550 N. Stonehenge Drive

### **East Valley Addiction Center**

480-962-7711

Helpline 602-222-9444 or 1-800-662-4357

[www.samhsa.gov](http://www.samhsa.gov)

### **East Valley AA Intergroup Office**

[www.aamesaaz.org](http://www.aamesaaz.org)

### **East Valley AA meeting lists Families**

### **Anonymous**

[www.familiesanonymous.org](http://www.familiesanonymous.org)

### **Hazelden Resource Materials**

[www.hazelden.org](http://www.hazelden.org)

### **Hope Women's Center/Women's Resource Center**

480-983-HOPE

252 N. Ironwood Drive

Apache Junction, Arizona 85120

Provides mentoring and resources for issues including unplanned pregnancy, drug and/or alcohol abuse, domestic abuse and homelessness.

### **Magellan Behavioral Health Crisis Line and Suicide**

1-800-564-5465

### **Marc Center Behavioral Health Outpatient Clinic**

480-844-1653

4250 E. Florian Avenue, Bldg 1

Mesa, AZ 85206

### **Narcotics Anonymous**

[www.na.org](http://www.na.org)

480-897-4636

### **National Institute on Drug Abuse**

[www.nida.nih.gov](http://www.nida.nih.gov) [www.clubdrugs.org](http://www.clubdrugs.org)

### **Nicotine Anonymous**

602-900-3860

### **Substance Abuse and Mental Health Services Administration**

[www.samhsa.org](http://www.samhsa.org)

### **Treatment Assessment Screening Center (TASC)**

480-898-1849

423 N Country Club Dr., Ste. 19

Mesa, AZ 85201 [www.tasc-arizona.org](http://www.tasc-arizona.org)

### **Terros Drug and Alcohol Abuse**

602-685-6000

3864 N. 27th Avenue Phoenix, AZ 85029

[www.terros.org](http://www.terros.org)

### **Twelve Step Family and Friends Support**

[www.alanon.org](http://www.alanon.org)

### **Valley Wide Young People in AA**

[www.valypaa.org](http://www.valypaa.org)

Young peoples' AA meeting lists

## **CRISIS HOTLINES**

### **Aurora Behavioral Health System**

24-Hour Helpline

East: 480-345-5420

West: 623-344-4444

**Boys Town National Hotline**

800-448-3000

**Crisis Connection, Inc. 24-hour Hotline**

1-800-245-4580 [www.crisisconnectioninc.org](http://www.crisisconnectioninc.org)

EMPACT Suicide Hotline

480-784-1500

**Magellan Behavioral Health Crisis Line and Suicide**

1-800-564-5465

**Maricopa Crisis Hotline**

602-222-9444

**National Youth Crisis Line**

1-800-448-4663

**Safe Hotline**

480-279-7233 [www.safehotline@husd.org](mailto:www.safehotline@husd.org)

**Sexual Abuse Hotline**

602-254-6400

**Shelter Hotline**

1-800-799-7739 or 602-263-8900

**Teen Hotline**

602-277-7722

**Teen Lifeline**

800-248-TEEN

**Teens Talking to Teens Peer Counseling**

480-461-8888

## CULTURAL RESOURCES

**Black Family Children's Services**

602-256-2948

**Native American Connections**

602-254-3247

## DOMESTIC VIOLENCE & SEXUAL ASSAULT

**Arizona Sexual Assault Network**

602-258-1195

**Center Against Sexual Assault (lectures)**

602-254-6400

**Crime Victims Compensation**

602-279-2900

**Sexual Assault Counseling**

480-736-4949

## EATING DISORDERS

**Marc Center Behavioral Health Outpatient Clinic**

480-844-1653

4250 E. Florian Avenue, Building 1

Mesa, AZ 85206

**Remuda Ranch Center for Anorexia and Bulimia**

1-800-455-1900 x5288

One East Apache St. Wickenburg, AZ 85390

[www.remudaranch.com](http://www.remudaranch.com)

Provides Christian-based intensive inpatient and residential programs for women and girls with eating disorders and related issues.

**Samaritan Willow Creek**

602-254-4357

**Self Help for Eating Disorders (SHED)**

480-994-9773

## EDUCATIONAL

**Arizona Literacy and Learning Center of the East Valley**

480-528-5793

33 N. Lindsay Road, Suite 109

Gilbert, AZ 85234 [www.azlit.org](http://www.azlit.org)

Provides early childhood screening for developmental stages, reading readiness, dyslexia and other learning disabilities. Provides diagnosis and therapy for children/adults with dyslexia and speech/language disabilities.

**Carmel Community Reading Skills**

480-726-8100

305 W. Barrow Dr.

Chandler, AZ 85225

Provides reading skills workshops for ages 4-8

**Mesa Laubach Literacy Council, Inc**

480-964-3833

161 N. Mesa Drive

Mesa, AZ 85201

Tutors ESL, English, reading and math to non-English and English speaking adults. Adults and teens, age 16 and up, are eligible.

**My Child's Ready-Child Crisis Center**

480-304-9440

1045 E. University Drive Mesa, AZ 85203

[www.childcrisis.org](http://www.childcrisis.org)

Offers free personal home visits, parent group meetings, developmental screenings, and resources for families in Gilbert, Mesa, and Queen Creek.

**Perry Branch Library**

602-652-3000

1965 E. Queen Creek Road

Gilbert, AZ 85296

Provides library services, children's story hours and programming and adult programming.

**Rehabilitation Services of Arizona (RSA)**

602-542-3332

**The Family Tree Project**

480-472-7277

549 N. Stapley Drive

Mesa, AZ 85203

Offers preschool for children in 3-4 age group in conjunction with adult ed classes for their parents, in adjoining rooms.

## EMERGENCY ANIMAL PLACEMENT SERVICES

**AZ Humane Society**

602-977-7585

## EMERGENCY/NONEMERGENCY NUMBERS

**Adult Protective Services**

602-255-0996

**Apache Junction Police**

480-982-8260

**Chandler Police Department**

480-782-2470

**Child Protective Services (CPS)**

888-767-2445

**Gilbert Police Department**

480-503-6500

**Maricopa County Sheriff's Department**

602-256-1011

**Mesa Police Department**

480-644-2211

**Nine Line (runaway)**

1-800-999-9999

## EMPLOYMENT SERVICES

**Arizona Women's Education and Employment**

480-497-0350 x223

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

Provides job coaching, peer support groups, professional mentoring, job placement assistance and other services. Eligibility includes the unemployed, underemployed and working poor. Arizona Workforce **Connection—Gilbert**

480-497-0350

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

Provides employment assistance and training to adults, low income youth, and others with serious barriers to employment. Services include occupational and vocational training, job search training, employment counseling, basic education assistance and job search assistance.

**Maricopa Workforce Connections Career Development Center-Gilbert**

602-372-9700

735 N. Gilbert Road

Employment center with services for employers and job seekers including employee recruitment, employment opportunities advertisements, job search and retention assistance and information about and referrals to available community resources.

**Rehabilitation Services of Arizona (RSA)**

602-542-3332

Tetra Corporation

602-685-9703 x208

2222 N.24th St Phoenix, AZ 85008

[www.tetracorp.com](http://www.tetracorp.com)

Job placement services for learning disabled individuals.

**Tumbleweed**

602-271-9904

1419 N. 3rd Street, Suite 102

Phoenix, AZ 85004

[www.tumbleweed.org](http://www.tumbleweed.org)

## **FAMILY SUPPORT & COUNSELING SERVICES**

### **Anasazi Outdoor Program for Young Adults**

480-892-7403

1424 S. Stapley Drive

Mesa, AZ 85204

Offers outdoor wilderness behavioral healthcare program for young adults, ages 18-25 facing concerns including adjustment, anxiety, bipolar disorder, depression, eating disorders, obsessive-compulsive disorder, suicide ideation and substance abuse/dependence. Parent involvement is encouraged. Minimum stay is 42 days.

### **Association for Supportive Child Care**

480-829-0500

3910 S. Rural Rd., Ste. E

Tempe, AZ 85282

### **AZ Department of Economic Security**

602-542-4791 [www.azdes.gov](http://www.azdes.gov)

### **Arizona Psychological Association**

480-675-9477

1843 E. Southern Avenue

Tempe, AZ 85282

Provides information to the public about psychotherapy and psychologists.

### **Banner Desert Behavioral Health Center**

602-254-HELP (4357)

2225 W. Southern Ave. Mesa, AZ 85202

Dr. Eric Benjamin, MD

602-546-0990

### **Phoenix Children's Hospital**

1919 East Thomas Road

Phoenix, AZ 85016

### **Boys & Girls Clubs Gilbert Teen Center**

480-813-2020

44 N. Oak

Gilbert, AZ 85299

Provides guidance through educational, vocational, physical, group, social, and recreational activities. Develops alternatives to gang involvement.

### **Lisa Bravo**

480-382-2894

### **Center Against Sexual Abuse (CASA)**

602-254-9000

### **Center Against Sexual Assault**

602-254-6400

2333 N. Center Ave. Phoenix, AZ 85004

### **Child Care Resource and Referral**

480-244-2678

3910 S. Rural Rd., Ste. O Tempe, AZ 85282

### **Child Crisis Center Counseling**

480-222-0194

120 W. University Drive

Mesa, AZ 85201

Offers a variety of individual group and family counseling. Specific topics include adolescent/youth, anger management, grief, divorce and parent counseling.

### **Child Crisis Center – East Valley**

480-969-2308

### **Children's Advocacy Center**

602-861-6735

185 E. Northern Avenue, Suite 202

Phoenix, AZ 85020

Offers treatment for abuse, grief, trauma, divorce, adoption and attachment issues. Uses play therapy and art therapy with children.

### **Child and Family Support Services**

480-635-9944

### **Child Crisis Center**

480-969-2308

817 N. Country Club Dr. Mesa, AZ 85211

### **Dr. Rebecca Lahann**

602-492-3025

### **Dr. Warren Littleford**

520-704-8196

### **Dr. Lynn Nunemacher**

480-788-1899

### **Dr. Tony Rusch**

602-492-3146

### **East Valley Catholic Social Services**

480-964-8771 [www.catholicssocialservices.com](http://www.catholicssocialservices.com)

East Valley Friends and Neighbors Club

480-636-8696

Social club that organizes social, charitable and educational activities.

### **Family Resource Center**

480-834-9424

[www.childcrisis.org](http://www.childcrisis.org)

### **Family Service Agency**

602-264-9891

2400 N. Central Avenue, Suite 400

Phoenix, AZ 85004

**FSA-Center for New Directions**

480-507-8619

943 S. Gilbert Rd., Ste. 204

Mesa, AZ 85204

**Gilbert Cares**

480-857-8581

501 W. Country Estates Avenue

Gilbert, AZ 85233

Refurbishes homes of low income seniors, individuals with disabilities, and at-risk families in the East Valley. Provides community service opportunities for youth groups.

**Gilbert Community Action Program (CAP)**

480-892-5331

1140 N. Gilbert Rd #109

Gilbert, AZ 85234

**Gilbert Community Services Department**

480-503-6200

Provides recreational programs for all ages throughout Gilbert.

**Gilbert Fire Department Information**

480-503-6300 [www.gilbert.az.us](http://www.gilbert.az.us)

**Gilbert Police Information**

480-503-6500

**Hill Child Counseling**

480-612-444 [www.hillchildcounseling.com](http://www.hillchildcounseling.com)

**Interfaith Counseling of the East Valley**

480-969-2783

**Jewish Family & Children's Services**

480-820-0825

1930 S. Alma School Rd., Ste. A104

Mesa, AZ 85210

**LDS Family Services**

480-968-2995

235 South El Dorado Circle

Mesa, AZ 85202

**Marc Center Behavioral Health Outpatient Clinic**

480-844-1653

4250 E. Florian Avenue, Building 1

Mesa, AZ 85206

Provides individual, group and family counseling and psycho-education that may vary in level of intensity. Addresses a variety of needs, including situational stressors, family relations, interpersonal relationships, mental health issues, psychiatric illnesses, additions and eating disorders. Magellan **Behavioral Health**

1-800-564-5465

**Magellan Behavioral Health**

1-800-56405465

**Maricopa County Mental Health**

602-220-0278

4011 N. 16th St. Phoenix, AZ

**Parc Place**

480-917-9301

2190 N. Grace Blvd.

Chandler, AZ 85225 [www.parc-place.com](http://www.parc-place.com)

**Parents Anonymous Parenting**

1-800-352-0528

**Parenting Services Info Line**

480-834-9365

**Parenting Skills Program**

480-967-6893

**Phoenix Children's Hospital**

602-546-1000

[www.phoenixchildrens.com](http://www.phoenixchildrens.com)

**Reimer, Shirley**

480-206-5002

**Sokol, Jean**

480-522-4113

**Southwest Behavioral Health Services**

602-265-8338

3450 North 3rd Street

Phoenix, AZ 85012

**Dr. Mark Treegoob, Psychologist, PhD**

480/409-2321 x19

6625 S. Rural Rd, #111

Tempe, AZ 85283 or

14021 N. 51st Ave., #118

Glendale, AZ 85306

**Tri-City Behavioral Health**

480-839-3603

1232 E. Broadway

Tempe, AZ 85282

**Turn a New Leaf**

480-733-3080 [www.TurnaNewLeaf.org](http://www.TurnaNewLeaf.org)

**FINANCIAL/HOUSING/FOOD ASSISTANCE**

**Arizona Department of Economic Security**

480-777-1168 480-497-0350

2288 W. Guadalupe Rd 735 N. Gilbert Rd., Ste 134

Gilbert, AZ 85233

**Boys & Girls Club**

480-813-2020

44 N. Oak

Gilbert, AZ 85233

**Community Information and Referral**

602-263-8856 — Hotline Number

**Gilbert Community Action Program**

480-892-5331

1140 N. Gilbert Rd Suite 109

Gilbert, AZ 85234

Assists families with issues including employment training, job searches, child care, budgeting, and credit counseling. Provides financial assistance to prevent eviction or other temporary housing needs including rental payments, mortgage assistance, utility payments, baby formula and food. Assists with air conditioning repairs in the summer for those who cannot afford to pay for repairs themselves.

**Gilbert Fire Department Information**

480-503-6300

**Gilbert Police Information**

480-503-6500

**Gilbert Youth & Adult Resources (affiliate of Gilbert Police Dept.)**

480-635-7700

75 E. Civic Center Dr. Gilbert, AZ 85296

**Maricopa Information Referral**

602-263-8856

**Matthew's Crossing Food Bank**

480-857-2296

1368 N. Arizona Avenue, Suite 115

Chandler, AZ 85225

Offers free food distribution once per month per family. Low cost food boxes are available for purchase once a week using cash or food stamps.

**Paz De Cristo**

480-464-2370

424 W. Broadway Road

Mesa, AZ 85210

Distributes emergency food boxes to people in need. Prepares and serves congregate meals. Assists with medical expenses.

**Salvation Army Chandler**

480-963-2041

85 E. Saragosa Street

Chandler, AZ 85225

Provides assistance to individuals and families in need. Services include emergency food boxes, electric and gas utility.

**Save the Family**

480-898-0228

450 W. 4th Place

Mesa, AZ 85201

Provides a variety of rental assistance and transitional housing programs to low income families.

**Supplemental Security Income (SSI)**

1-800-772-1213

**United Food Bank—Help Yourself/Kids Café**

480-926-4897

358 E. Javelina Avenue

Mesa, AZ 85210

Provides \$26-\$30 worth of food for \$16 cash or EBT. Kids Café provides nutritionally balanced evening meals five times per week to at-risk children in Gilbert, Chandler, Apache Junction and other areas. **Value Options**

800-631-1314

444 N. 44th St. Phoenix, AZ 85008

## GRIEF AND LOSS

**Aurora Behavioral Health System**

24-Hour Helpline

East: 480-345-5420

West: 623-344-4444

**Banner Baywood Grief Support Group**

480-321-2000

6644 E. Baywood Avenue

Mesa, AZ 85206

Peer support for those grieving the loss of a loved one

**Catholic Social Services**

602-997-6105

1825 W. Northern

Phoenix, AZ 85021

**Christy Center for Loss and Renewal**

480-775-5202

1730 W. Guadalupe Road Saint Timothy's Church Mesa, AZ 85202

Provides grief and loss support groups for children, adults, and families.

**Franciscan Renewal Center**

Support Group – 480-948-7460

Grief & Loss Groups – 623-560-0500 x246

Grief Recovery Outreach – 623-245-0994

**Gatewings**

Grief workshops [www.gatewings.com](http://www.gatewings.com)

Hospice of the Valley

602-530-6900

**Mothers Against Drunk Driving**

602-220-6500

**Mothers Against Gangs**

602-235-9823

**New Song Center**

1510 E. Flower St. Phoenix, AZ 85014

480-951-8985 [www.thenewsongcenter.org](http://www.thenewsongcenter.org)

Support for grieving youth Safe Harbor Support, Inc.

480-214-5728

270 E. Tremaine Ave. Gilbert, AZ 85234

Provides crisis intervention and ongoing support for people who have lost loved ones in automobile accidents.

**Stepping Stones of Hope**

602-264-7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

Offers several different programs to help children and adults cope with grief and loss. Includes a variety of camp experiences specifically designed to help families address and process grief.

## HEALTH CARE RESOURCES

**ACCESS**

800-564-5465

**Arizona Department of Health Services (ADHS)**

602-542-1025

150 N. 18th Avenue

Phoenix, AZ 85007-3232

**Banner Baywood Medical Center**

480-321-2000

6644 E. Baywood Avenue

Mesa, AZ 85206-1797

**Banner Desert Medical Center**

480-512-3000

1400 S. Dobson Road

Mesa, AZ 85202-4758

**Care Partnership Clinic**

480-833-8987

466 S. Bellview St. Mesa, AZ 85204

Prenatal care and Pediatric outpatient clinic.

**Chandler Regional Hospital**

480-728-3000

475 S. Dobson Road

Chandler, AZ 85224-5695

**Desert Vista**

800-338-6333

**Gilbert Hospital**

480-503-5400

1501 N. Gilbert Road

Gilbert, AZ 85234

**Good Samaritan Healthline**

800-254-4357

**Healthy Kids Dental Clinic**

623-434-9343 x111

**Maricopa County Department of Public Health**

602-506-6900

**Mission of Mercy-Mesa**

602-486-7798

1616 E. Broadway Road

Mesa, AZ 85204

Offers free primary medical care for working poor and uninsured.

**Office for Special Health Care Needs (OSHCN)**

602-542-1860

**Outreach Office**

480-833-8987

**St. Lukes**

800-821-4193

**The Mesa Partnership**

480-858-1972

**Well Care Clinic at Gilbert Boys and Girls Club**

602-263-7619

44 N. Oak St. Gilbert, AZ 85233

Provides integrated health care for those single working mothers and/or their children who cannot afford necessary health care.

**Value Options**

602-222-9444

## LEGAL

**Child Support Enforcement**

602-252-4045



**Lawyer Referral Services**  
602-257-4434

## **MENTAL HEALTH**

**Family Involvement Center**  
602-288-0155

Help to improve services for children with a behavior health disability

**Magellan Behavioral Health**  
1-800-564-5465

**Mentally Ill Kids in Distress (MIKID)**  
602-253-1240

**National Alliance for the Mentally Ill (NAMI-AZ)**  
602-244-8166

**National Institute of Mental Health**  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

## **PREGNANCY**

**1st Way Pregnancy Support Center**  
602-261-7522

333 E. McDowell Road  
Phoenix, AZ 85004

Provides 24-hour crisis management and counseling for women who are pregnant. Offers free prenatal care, ultrasounds, pregnancy testing and referrals for legal, medical and financial assistance.

**Aid to Women Center**  
480-966-1902

2039 S. Mill Ave., Ste. C Tempe, AZ 85282  
Free pregnancy testing, counseling and education.

**East Valley Catholic Social Services**  
480-964-8771

**Hope Women's Center/Women's Resource Center**  
480-983-HOPE

252 N. Ironwood Drive  
Apache Junction, Arizona 85120  
Provides mentoring and resources for unplanned pregnancy, drug and/or alcohol abuse, domestic abuse, and homelessness.

**Parenting Classes for Parenting Teens**

Free series of parent classes designed to facilitate support and offer insight  
[www.momprops.com](http://www.momprops.com)

**New Turning Point Women's Center**  
480-586-6896

459 N. Gilbert Rd., Suite A135  
Gilbert, AZ 85234

Provides services to women including crisis counseling, outpatient counseling, pregnancy education, referrals to appropriate community resources and free pregnancy testing.

**Planned Parenthood**  
480-892-7888

1235 S. Gilbert Road, Ste. 20  
Mesa, AZ 85204

**Pregnancy Hotline**  
1-800-833-4642

**TAPP - Teenage Pregnancy Program**  
480-472-9351

**Teen Outreach Pregnancy Services**  
54 S. Center St., Mesa, AZ 85210  
877-882-2881

## **SHELTERS**

**Autumn House (Women & Children)**  
480-835-5555

Division of Pre-hab

**Community Housing Partnership**  
602-253-6905

609 N. 9th Street  
Phoenix, AZ 85006-3308

**Community Services of AZ**  
480-963-4321

670 N. Arizona Ave., Ste. 23  
Chandler, AZ 85224-14-18

Assist with rental evictions, utility cut offs and emergency food

**Florence Crittendon**  
602-274-7318

**Salvation Army Family Shelter**  
602-267-4130

2707 E. Van Buren Street Ste. 500  
Phoenix, AZ 85008-6089

## **SPECIAL NEEDS**

### **Arizona Center for Disability Law**

602-274-6287

### **Arizona Department of Education/Exceptional Student Services (ADE/ESS)**

602-542-4013

### **Arizona Disabled Sports**

480-644-5702

### **Arizona Early Intervention Program (AZEIP)**

602-532-9960

### **Arizona Long Term Care System (ALTCS)**

1-800-772-1213

### **Division of Developmental Disabilities (DDD)**

602-542-0419

### **Parent Information Network Specialist (PINS)**

480-607-3030

### **Rehabilitation Services of Arizona (RSA)**

602-542-3332

### **Raising Special Kids**

602-242-4366

## **SUICIDE PREVENTION**

### **Aurora Behavioral Health System**

24-Hour Helpline

East: 480-345-5420

West: 623-344-4444

### **Impact (Suicide Intervention)**

480-784-1514 Main Line

480-784-1500 Suicide Hotline

1232 E Broadway, Ste. 120

Tempe, AZ 85282

### **Magellan Behavioral Health**

1-800-564-5465

### **National Suicide Prevention Lifeline**

1-800-273-TALK

Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem. Also makes referrals to appropriate services for ongoing care, if needed.

### **Teen Life Line, Inc.**

602-248-8336

Provides peer counseling and 24-hour confidential phone intervention for teens.

### **Teen Suicide: Battle Plan for Parents**

602-264-2394

1606 W. Indian School Road

Phoenix, AZ 85015

Offers a course to help parents identify the signs of depression, risk factors, and suicidal behaviors.

## **TREATMENT CENTERS**

### **Anasazi Foundation**

480-892-7403

### **Canyon State Academy**

480-987-9700

### **Mayfield Center (23 hour respite)**

480-464-7468

### **New Foundation**

480-945-3302

1200 N 77th St. Scottsdale, AZ 85257

### **Prehab of AZ**

480-969-4024

868 E. University Dr. Mesa, AZ 85203

### **Sunshine Acres (residential treatment)**

480-823-2540

### **The Cottonwood Challenge**

520-743-0411

4110 W. Sweetwater Dr. Tucson, AZ 85745

[www.cottonwooddetucson.com](http://www.cottonwooddetucson.com)

Tumbleweed (residential treatment)

602-271-9904

### **Valley of the Sun**

602-371-0806

1142 W. Hatcher Rd

Phoenix, 85021

## **CRISIS HOTLINES**

### **Arizona Child Abuse or Neglect Hotline**

1-888-767-2445

### **AZ Child Protective Services (CPS) Child Abuse Hotline**

1-888-767-2445

### **Banner Behavior Health – 24 hour**

602-254-4357 (HELP)

### **Boys Town National Hotline**

1-800-448-3000

### **Center Against Sexual Assault**

602-254-9000 (24 hours)

**Crisis Connection, Inc.**

1-800-245-4580 24 hr hotline

[www.crisisconnectioninc.org](http://www.crisisconnectioninc.org)

**EMPACT Suicide Hotline**

480-784-1500 or 800-273-8255

**EMPACT - Domestic or Sexual Assault**

480-736-4949 or toll free

1-800-656-HOPE

**Maricopa Crisis Hotline**

1-800-631-1314

**National Domestic Violence Hotline**

1-800-799-7233

**Nine Line (runaway)**

1-800-RUNAWAY

[www.1800RUNAWAY.org](http://www.1800RUNAWAY.org)

**National Suicide Prevention Lifeline**

1-800-273-8255

**National Youth Crisis Line**

1-800-448-4663

**Safe Hotline – Higley District**

480-279-7233 [www.safehotline@husd.org](mailto:www.safehotline@husd.org)

**Shelter Hotline**

1-800-799-7739 or 602-263-8900

**Teen Lifeline**

800-248-TEEN

[www.teenlifeline.org](http://www.teenlifeline.org)

**Teens Talking to Teens Peer Counseling**

480-461-8888

## CULTURAL RESOURCES

**Black Family & Child Children’s Services of AZ**

602-243-1773 [www.bfcsfamily.org](http://www.bfcsfamily.org)

**Native American Connections**

602-254-3247 [www.nativeconnections.org](http://www.nativeconnections.org)

## DOMESTIC VIOLENCE & SEXUAL ASSAULT

**AZ Coalition to End Sexual & Domestic Violence**

2800 N. Central Ave., Suite 1570

Phoenix, AZ 85004 (602) 279-2900

<http://www.azcadv.org/>

**EMPACT - Domestic or Sexual Assault**

480-736-4949 or toll free

1-800-656-HOPE

**RAINN-Rape, Abuse, Incest National Network**

1-800-656-HOPE

<https://rainn.org/>

## EATING DISORDERS

**Banner Behavioral Health Outpatient**

602-254-4357(HELP)

**Marc Center Behavioral Health Outpatient Clinic**

480-844-1653

4250 E. Florian Avenue, Building 1

Mesa, AZ 85206

**Remuda Ranch Center for Anorexia and Bulimia**

1-800-455-1900

Chandler and Wickenburg

[www.remudaranch.com](http://www.remudaranch.com)

Provides Christian-based intensive inpatient and residential programs for Women and girls with eating disorders and related issues.

## EDUCATIONAL

**Arizona Literacy and Learning Center**

480-528-5793

1400 N Gilbert Rd., Ste P Gilbert, AZ 85234

[www.azliteracy.org](http://www.azliteracy.org)

Provides early childhood screening for developmental stages, reading readiness, dyslexia and other learning disabilities. Provides diagnosis and therapy for children/adults with dyslexia and speech/language disabilities.

**Mesa Laubach Literacy Council, Inc**

480-964-3833

161 N. Mesa Drive

Mesa, AZ 85201

Tutors ESL, English, reading and math to non-English and English speaking adults. Adults and teens, age

16 and up, are eligible.

**My Child’s Ready- Child Crisis Center**

480-304-9440

PO Box 4114

Mesa, AZ 85211 [www.childcrisis.org](http://www.childcrisis.org)

Offers free personal home visits, parent group meetings, developmental screenings, and

resources for families in Gilbert, Mesa, and Queen Creek.

**Perry Branch Library**

602-652-3000

1965 E. Queen Creek Road

Gilbert, AZ 85297

**Rehabilitation Services of Arizona (RSA)**

602-542-3332

**The Family Tree Project – Mesa Public Schools**

480-472-7277 [www.mpsaz.org/ecped](http://www.mpsaz.org/ecped)

Offers preschool for children in 3-5 age group in conjunction with adult ed classes for their parents, in adjoining rooms.

## EMERGENCY ANIMAL PLACEMENT SERVICES

**AZ Humane Society**

1521 W Dobbins Rd

Phoenix, AZ 85041

602-997-7585

## EMERGENCY/NON-EMERGENCY NUMBERS

**Adult Protective Services**

602-255-0996

**Apache Junction Police**

480-982-8260

**Chandler Police Department**

480-782-4130

**Child Protective Services (CPS)**

888-767-2445

**Gilbert Fire Department Information**

480-503-6300

**Gilbert Police Department**

480-503-6500

**Maricopa County Sheriff's Department**

602-876-1011

**Mesa Police Department**

480-644-2211 opt 2

## EMPLOYMENT SERVICES

**Maricopa Workforce Connections**

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

480-497-0350

<http://myhsd.maricopa.gov/Divisions/Workforce-Development.aspx>

Provides job coaching, peer support groups, professional mentoring, job placement assistance and other services. Eligibility includes the unemployed, underemployed and working poor.

**Rehabilitation Services of Arizona (RSA)**

1-800-563-1221 [www.Azdes.gov/rsa/](http://www.Azdes.gov/rsa/)

**Beacon**

Job placement services for learning disabled individuals.

602-685-9703 x201

2222 N.24th St Phoenix, AZ 85008

<http://www.beaongroup.org/>

**Tumbleweed**

602-271-9904

24 hr. Crisis – 602-841-5799

3707 N 7th St Ste 305

Phoenix, AZ 85014

602-271-9904

[www.tumbleweed.org](http://www.tumbleweed.org)

## FAMILY SUPPORT & COUNSELING SERVICES

**ANASAZI Foundation**

1424 South Stapley Dr. Mesa, Arizona 85204

480.892.7403

<http://www.anasazi.org/>

**Aurora Behavioral Health System**

6352 S. Maple Ave. Tempe, AZ 85283

480-345-5420 <http://www.auroraarizona.com/>

**AZ Department of Economic Security**

The Arizona Department of Economic Security makes Arizona stronger by helping Arizonans reach their potential through temporary assistance for those in need, and care for the vulnerable.

602-542-4791 <https://www.azdes.gov/>

**Arizona Psychological Association**

4015 S. McClintock Drive, Suite # 110 Tempe,

Arizona 85282

480-675-9477 <http://www.azpa.org/?page=A2>

**Banner Behavioral Health**

Offers inpatient and outpatient care  
7575 E. Earll Dr. Scottsdale, AZ 85251  
480-448-7500  
<http://www.bannerhealth.com/>  
**Child and Family Support Services**  
10439 S. 51st Street Suite 100, Phoenix, AZ  
85044  
480-635-9944 <https://cfss.com/>  
**Child Crisis Center**  
604 W 9th St  
Mesa, AZ 85201  
480-969-2308 <http://www.childcrisis.org/>  
**Community Bridges Aspire**  
1012 S. Stapley Dr. Building #5 Mesa, AZ 85204  
480-768-6022  
[http://communitybridgesaz.org/program-  
directory/](http://communitybridgesaz.org/program-directory/)  
**East Valley Catholic Social Services**  
430 N. Dobson Road Suite 110 Mesa, AZ 85201  
480-964-8771  
[http://mesa.cylex-usa.com/company/east-  
valley-catholic-social-service-1781280.html](http://mesa.cylex-usa.com/company/east-valley-catholic-social-service-1781280.html)  
**Family Resource Center**  
817 N. Country Club Dr. Mesa, AZ 85201  
480-834-9424 <http://www.childcrisis.org>  
**Family Service Agency**  
943 S. Gilbert Rd. #204, Mesa, AZ 85204  
480-507-8619 <http://fsaphoenix.org>  
**Oasis Behavioral Health**  
2190 N. Grace Blvd. Chandler, AZ 85225  
480-917-9301 <http://www.obhhospital.com/>  
**Gilbert Cares**  
501W. Country Estates Avenue Gilbert, AZ  
85233  
480-857-8581 <http://www.gilbertcares.org/>  
**Gilbert Community Action Program**  
1140 N. Gilbert Rd #109 Gilbert, AZ 85234  
480-892-5331  
**Phoenix Children's Hospital**  
Mercy Gilbert Medical Center  
3555 South Val Vista Drive Gilbert Arizona  
85296  
602-933-1000  
<http://www.phoenixchildrens.org/>  
**Spectrum Psychology Wellness**  
1772 East Boston St. #105 Gilbert, AZ 85295  
602-492-3025 <http://spectrumwellnessaz.com/>  
**Jewish Family and Children's Services**

1255 W Baseline Rd Ste B, Mesa, AZ Mesa, AZ  
85210  
480-820-0825 <http://www.jfcsaz.org>  
**St. Luke's Behavioral Health Center**  
1800 E Van Buren St, Phoenix, AZ 85006  
602-251-8535  
<http://www.stlukesbehavioralhealth.com/>  
**LDS Family Services**  
235 South El Dorado Circle Mesa, AZ 85202  
Phone: (480) 968-2995  
<https://providentliving.ld>  
**MARC Center Behavioral Health Outpatient  
Clinic**  
924 N Country Club Dr, Mesa, AZ 85201  
480-969-3800 <http://marccr.com/>  
**Maricopa County Domestic Violence Resources**  
<http://www.azlawhelp.org/>  
**Mercy Maricopa**  
602-222-9444 <http://www.mercymaricopa.org/>  
[www.crisisnetwork.org](http://www.crisisnetwork.org)  
**Town of Gilbert Youth and Adult Resources**  
75 East Civic Center Drive Gilbert, AZ 85296  
480-635-7701  
[http://www.gilbertaz.gov/departments/police/  
youth-adult-resources](http://www.gilbertaz.gov/departments/police/youth-adult-resources)  
**Dr. Eric Benjamin, MD**  
Phoenix Children's Hospital  
1919 East Thomas Road  
Phoenix, AZ 85016  
602-546-1000  
**Ms. Lisa Bravo, MC**  
Counseling  
1490 S. Price Rd. # 110, Chandler, AZ 85286  
480-382-2894  
<https://thebravoeffect.com/>  
**A New Leaf**  
Homeless and domestic violence shelters with  
services, affordable housing solutions,  
behavioral health and case management  
services, foster care, counseling, financial  
literacy coaching, and basic needs.  
868 E University Dr. Mesa, AZ 85203  
480-969-4024  
<http://www.turnanewleaf.org>  
**Natasha Daniels, LCSW**  
825 W. Warner Road Chandler Arizona 85225  
480-612-4444  
<http://www.hillchildcounseling.com/>

**Dr. Warren Littleford**

1490 S Price Road Suite 202  
Chandler, Arizona  
520-704-8196

**Dr. Shirley Reimer, Psychologist**

1553 W. Todd Dr. #103 Tempe, AZ  
480-206-5002

**Dr. Cheryl Smith, LCSW**

602-690-8079

**Ms. Jean Sokol, LCSW**

2435 E Southern Ave #2, Tempe, AZ 85282  
480-522-4113

**Dr. Mark Treegoob, Psychologist**

6625 S. Rural Rd. #111 Tempe, AZ 85283  
480-409-2321

## **FINANCIAL/HOUSING/FOOD ASSISTANCE**

**Arizona Department of Economic Security**

623-245-6300  
4502 W. Indian School Rd Phoenix, AZ  
[www.azdes.gov](http://www.azdes.gov)

**Boys & Girls Club**

480-813-2020

44 N. Oak

Gilbert, AZ 85233

<http://www.clubzona.org/locations/gilbert/>

**Gilbert Community Action Program**

480-892-5331

1140 N. Gilbert Rd Suite 109

Gilbert, AZ 85234

Assists families with issues including employment training, job searches, child care, budgeting, and credit counseling. Provides financial assistance to prevent eviction or other temporary housing needs including rental payments, mortgage assistance, utility payments, baby formula and food. Assists with air conditioning repairs in the summer for those who cannot afford to pay for repairs themselves.

**Gilbert Youth & Adult Resources**

(affiliate of Gilbert Police Dept.)

480-635-7701

75 E. Civic Center Dr. Gilbert, AZ 85296

**Matthew's Crossing Food Bank**

480-857-2296

1368 N. Arizona Avenue, Suite 115

Chandler, AZ 85225

Offers free food distribution once per month per family. Low cost food boxes are available for purchase once a week using cash or food stamps. [www.matthewscrossing.org](http://www.matthewscrossing.org)

**Paz De Cristo**

480-464-2370

424 W. Broadway Road

Mesa, AZ 85210

Distributes emergency food boxes to people in need. Prepares and serves congregate meals. Assists with medical expenses.

**Salvation Army Chandler**

480-963-2041

85 E. Saragosa Street

Chandler, AZ 85225

Provides assistance to individuals and families in need. Services include emergency food boxes, electric and gas utility.

[www.salvationarmyofchandler.org/](http://www.salvationarmyofchandler.org/)

**Save the Family**

480-898-0228

125 E. University Dr. Mesa, AZ 85201

Provides a variety of rental assistance and transitional housing programs to low income families.

[www.savethefamily.org](http://www.savethefamily.org)

**Supplemental Security Income (SSI)**

1-800-772-1213 [www.ssa.gov](http://www.ssa.gov)

**United Food Bank—Help Yourself/Kids Café**

480-926-4897

358 E. Javelina Avenue Mesa, AZ 85210

<https://unitedfoodbank.org/aboutus/programs/help-yourself/>

## **GRIEF AND LOSS**

**Banner Hospice Groups and Classes**

480-657-1167

<https://www.bannerhealth.com/Locations/Arizona/Banner+Hospice/Support+Groups/Support+Groups.htm>

Peer support for those grieving loss of a loved one

**Christy Center for Loss and Renewal**

480-775-5202

1730 W. Guadalupe Road Saint Timothy's Church Mesa, AZ 85202

Provides grief and loss support groups for children, adults, and families.

**Franciscan Renewal Center**

Support Group – 480-948-7460

5802 E. Lincoln Dr.

Scottsdale, AZ 85253

**Hospice of the Valley**

1982 E Woodside Ct

Gilbert, AZ 85297

480-786-4482

[www.hov.org](http://www.hov.org)

**Mothers Against Drunk Driving**

602-240-6500 <http://www.madd.org/local-offices/az/>

**New Song Center for Grieving Children**

**Hospice of the Valley**

<https://www.hov.org/our-care/grief-support/new-song-center-for-grieving-children/>

Support for grieving youth

**Stepping Stones of Hope**

602-264-7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

Offers several different programs to help children and adults cope with grief and loss.

Includes a variety of camp experiences specifically designed to help families address and process grief.

[www.steppingstonesofhope.org](http://www.steppingstonesofhope.org)

## HEALTH CARE RESOURCES

**AHCCCS**

Arizona Health Care Cost Containment System

602-417-4000 [www.azahcccs.gov](http://www.azahcccs.gov)

**Arizona Department of Health Services (ADHS)**

602-542-1025

150 N. 18th Avenue Phoenix, AZ 85007-3232

[www.azdhs.gov](http://www.azdhs.gov)

**Banner Baywood Medical Center**

480-543-2000

1900 N. Higley Rd. Gilbert, AZ 85234

**Banner Desert & Cardon Children's Medical Centers**

480-412-3000

1400 S. Dobson Road

Mesa, AZ 85202-4758

**Care Partnership Clinic**

480-833-8987

466 S. Bellview St. Mesa, AZ 85204

Prenatal care and Pediatric outpatient clinic.

**Chandler Regional Medical Center**

480-728-3000

1955 W. Frye Rd

Chandler, AZ 85224-5695

**Desert Vista Behavioral Health Hospital**

570 W Brown Rd

Mesa, AZ 85201

480-344-2000

**Maricopa County Department of Public Health**

602-506-6900

4041 N. Central Ave. Phoenix, AZ 85012

<http://www.maricopa.gov/publichealth>

**Mission of Mercy-Arizona**

480-861-2233

360 E. Coronado Road, #160

Phoenix, AZ 85004

Offers free primary medical care for working poor and uninsured.

<http://www.amissionofmercy.org/arizona/>

**Office for Special Health Care Needs (OSHCN)**

602-542-1860

1-800-232-1676 hotline

150 N. 18th Ave. #320

Phoenix, AZ 85007 <http://www.azdhs.gov/>

**Family Involvement Center**

602-412-4095

5333 N 7th St A-100

Phoenix, AZ 85014

<http://www.familyinvolvementcenter.org>

**Marc Center Behavioral Health Outpatient Clinic**

4250 E. Florian Avenue, Bldg 1

Mesa, AZ

480-844-1653

<http://marccr.com>

**Magellan of Arizona**

1-800-631-1314 [www.magellanofaz.com](http://www.magellanofaz.com)

**St. Lukes Medical Center**

602-821-8100

1800 E Van Buren St Phoenix, AZ 85006

[www.stlukesmedcenter.com](http://www.stlukesmedcenter.com)

**Value Options**

602-957-2220

## LEGAL

### Child Support Enforcement

602-252-4045

[https://www.azdes.gov/az\\_child\\_support/](https://www.azdes.gov/az_child_support/)

### Maricopa County Bar Association - Lawyer Referral Service

602-257-4434 <http://maricopalawyers.org/>

## MENTAL HEALTH

### Aurora Behavioral Health System

480-345-5420 24-Hour Helpline

6015 W. Peoria Ave.

Glendale, AZ 85302 [www.auroraarizona.com/](http://www.auroraarizona.com/)

### East Valley Catholic Social Services

480-964-8771

### Mentally Ill Kids in Distress - MIKID

602-253-1240 <http://www.mikid.org/>

### National Alliance for the Mentally Ill (NAMI-AZ)

602-244-8166 [www.namiaz.org](http://www.namiaz.org)

### National Institute of Mental Health

[www.nimh.nih.gov](http://www.nimh.nih.gov)

## PREGNANCY

### 1st Way Pregnancy Support Center

602-261-7522

24 hr hotline – 1-800-712-4357

3501 N. 16th St

Phoenix, AZ 85016 [www.1stway.net](http://www.1stway.net)

Provides 24-hour crisis management and counseling for women who are pregnant. Offers free prenatal care, ultrasounds, pregnancy testing and referrals for legal, medical and financial assistance.

### Aid to Women Center

480-966-1902

2039 S. Mill Ave., Ste. C

Tempe, AZ 85282

Free pregnancy testing, counseling and education. [www.aidtowomencenter.org/](http://www.aidtowomencenter.org/)

### Hope Women's Center/Women's Resource Center

480-983-HOPE (4673)

Provides mentoring and resources for unplanned pregnancy, drug and/or alcohol

abuse, domestic abuse, and homelessness.

<http://www.hopewomenscenter.org/>

### Parenting Classes for Parenting Teens

Free series of parent classes designed to facilitate

support and offer insight [www.momprops.com](http://www.momprops.com)

### New Turning Point Women's Center

24 hr hotline – 480-586-6896

Provides services to women including crisis counseling, outpatient counseling, pregnancy education, referrals to appropriate community resources and free pregnancy testing.

<http://newturningpoint.com/>

### Planned Parenthood

602-277-7526

1235 S. Gilbert Road, Ste. 20

Mesa, AZ 85204

<https://www.plannedparenthood.org>

### Pregnancy and Breastfeeding Hotline

1-800-833-4642

[http://www.azdhs.gov/phs/owch/hot\\_line.htm](http://www.azdhs.gov/phs/owch/hot_line.htm)

### Teen Outreach Pregnancy Services

480-668-8800

931 E Southern Ave #101

Mesa, AZ 85204

<https://www.teenoutreachaz.org>

## SHELTERS

### Autumn House (Women & Children)

480-835-5555

[https://www.womenshelters.org/det/az-autumn\\_house\\_domestic\\_violence\\_shelter](https://www.womenshelters.org/det/az-autumn_house_domestic_violence_shelter)

### Community Housing Partnership

602-253-6905

609 N. 9th Street

Phoenix, AZ 85006-3308

### Community Services of AZ

480-782-2727

670 N Arizona Ave

Chandler, AZ 85225

Assist with rental evictions, utility cut offs and emergency food

### Florence Crittendon

602-274-7318

<https://www.flocrit.org/>

### Salvation Army Family Shelter

480-963-2041



85 E. Saragosa Street  
Chandler, AZ

## **SPECIAL NEEDS**

### **Arizona Center for Disability Law**

602-274-6287 [www.acdl.com](http://www.acdl.com)

### **Arizona Department of Education/Exceptional Student Services (ADE/ESS)**

602-542-4013 <http://www.azed.gov/special-education/>

### **Arizona Disabled Sports**

480-835-6273

[www.arizonadisabledsports.com/Contacts.html](http://www.arizonadisabledsports.com/Contacts.html)

### **Arizona Early Intervention Program (AZEIP)**

602-532-9960 <https://www.azdes.gov/azeip/>

### **Arizona Long Term Care System (ALTCS)**

602-417-6600

[https://www.azahcccs.gov/applicants/application/AL\\_TCS.aspx](https://www.azahcccs.gov/applicants/application/AL_TCS.aspx)

### **AZ DEZ - Division of Developmental Disabilities**

602-542-0419

[https://www.azdes.gov/developmental\\_disabilities/](https://www.azdes.gov/developmental_disabilities/)

### **Parent Information Network Specialist (PINS)**

1-888-877-5910

### **Rehabilitation Services of Arizona (RSA)**

1-800-563-1221

[https://www.azdes.gov/rehabilitation\\_services/](https://www.azdes.gov/rehabilitation_services/)

### **Raising Special Kids**

602-242-4366

<http://www.raisingpecialkids.org/>

## **SUICIDE PREVENTION**

### **Aurora Behavioral Health System**

24-Hour Helpline

480-345-5420

<http://www.aurorabehavioral.com/>

### **Anasazi Foundation**

480-892-7403

1424 South Stapley Drive Mesa, AZ 85204

<http://www.anasazi.org/>

480-987-9700

20061 E Rittenhouse Rd Queen Creek, AZ 85142

[www.canyonstateacademy.com](http://www.canyonstateacademy.com)

### **New Foundation**

480-945-3302

1200 N 77th St.

Scottsdale, AZ 85257

<http://thenewfoundation.org/>

### **La Frontera - Impact (Suicide Intervention)**

480-784-1514 Main Line

480-273-8255 (TALK) Suicide Hotline

1232 E Broadway, Ste. 120

Tempe, AZ 85282 [www.lafrontera-empact.org/](http://www.lafrontera-empact.org/)

### **Magellan of Arizona**

1-800-631-1314 [www.magellanofaz.com](http://www.magellanofaz.com)

### **National Suicide Prevention Lifeline**

1-800-273-TALK

Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem.

### **Teen Life Line, Inc.**

602-248-8336 (TEEN)

800-248-8336 (TEEN)

Provides peer counseling and 24-hour confidential phone intervention for teens.

<http://teenlifeline.org/>

## **TREATMENT CENTERS**

### **A New Leaf**

480-733-3024

868 E. University Dr. Mesa, AZ 85203

[www.turnanewleaf.org/](http://www.turnanewleaf.org/)

### **Sunshine Acres (residential treatment)**

3405 N Higley Rd

Mesa, AZ 85215

480-823-2540 [www.sunshineacres.org/](http://www.sunshineacres.org/)

### **Cottonwood Tucson**

Inpatient holistic behavioral health treatment center

1-800-877-4520

4110 W. Sweetwater Dr.

Tucson, AZ 85745

[www.cottonwooddetucson.com](http://www.cottonwooddetucson.com)

### **Tumbleweed (residential treatment)**

602-271-9904

24 hr Hotline – 602-841-5799

<http://tumbleweed.org/>

### **Valley LIFE**

602-371-0806

Phoenix, 85021 [www.valleylifeaz.org](http://www.valleylifeaz.org)