

ALCOHOL & OTHER DRUGS

Adolescent Substance Abuse Program (ASAP)

602-434-0249
2530 S. Alma School Rd.
Mesa, AZ 85202
www.asapaz.com

Alcoholics Anonymous

602-264-1341—meeting information
www.aaphoenix.org

Alcoholism & Addiction Assistance Assoc.

602-264-2840
4210 N. Longview Ave
Phoenix AZ 85014

AZ Region of Narcotics Anonymous

www.arizona-na.org
480-897-4636
www.arizona-na.org

Banner Behavioral Health Outpatient

602-254-4357(HELP)
1600 W. Chandler Blvd., Suite 180
Chandler, AZ 85224
www.bannerhealth.com

Center for New Directions

480-507-8619
943 S. Gilbert Road, Suite 204
Mesa, AZ 85204

Cocaine Anonymous

602-279-3838
www.caarizona.org

Community Bridges Inc

877-931-9142
1550 N. Stonehenge Drive, Suite 104
Gilbert, AZ 85233
www.communitybridgesaz.org

East Valley Intergroup of AA/EVI

480-834-9033 24 hr hotline
480-827-1905 office
1320 E. Broadway Rd., Suite 105
Mesa, AZ 85204
www.aamesaaz.org

Families Anonymous

www.familiesanonymous.org

Hazelden Betty Ford Foundation

1-866-257-7810
www.hazelden.org

Hope Women's Center/Women's Resource Center

480-983-4673
252 N. Ironwood Drive
Apache Junction, AZ 85120
www.hopewomenscenter.org

National Institute on Drug Abuse

www.drugabuse.gov

Nicotine Anonymous

www.nicotine-anonymous.org

Partnership for a Drug Free America

1-855-378-4373(DRUGFREE) - helpline
www.drugfree.org

Substance Abuse and Mental Health Services Administration (SAMHSA)

www.samhsa.gov

Teen Addiction Anonymous

1430 W. Broadway Rd., Suite 201
Tempe, AZ 85282
480-264-8304
www.teenaa.org

Terros Treatment Center - Phoenix

602-685-6000
www.terros.org

Treatment Assessment Screening Center (TASC)

480-898-1849
423 N Country Club Dr., Ste. 19
Mesa, AZ 85201
www.tasc-arizona.org

Twelve Step Family and Friends Support

www.alanon.org
<http://al-anon-az.org/find-a-meeting/> - meetings

CRISIS HOTLINES

Arizona Child Abuse or Neglect Hotline

1-888-767-2445

AZ Child Protective Services (CPS) Child Abuse Hotline

1-888-767-2445

Banner Behavior Health – 24 hour

602-254-4357 (HELP)

Boys Town National Hotline

1-800-448-3000

Center Against Sexual Assault

602-254-9000 (24 hours)

Crisis Connection, Inc.

1-800-245-4580 24 hr hotline

www.crisisconnectioninc.org

EMPACT Suicide Hotline

480-784-1500 or 800-273-8255

EMPACT - Domestic or Sexual Assault

480-736-4949 or toll free

1-800-656-HOPE

Maricopa Crisis Hotline

1-800-631-1314

National Domestic Violence Hotline

1-800-799-7233

Nine Line (runaway)

1-800-RUNAWAY

www.1800RUNAWAY.org

National Suicide Prevention Lifeline

1-800-273-8255

National Youth Crisis Line

1-800-448-4663

Safe Hotline – Higley District

480-279-7233

www.safehotline@husd.org

Shelter Hotline

1-800-799-7739 or 602-263-8900

Teen Lifeline

800-248-TEEN

www.teenlifeline.org

Teens Talking to Teens Peer Counseling

480-461-8888

CULTURAL RESOURCES

Black Family & Child Children's Services of AZ

602-243-1773

www.bfcfamily.org

Native American Connections

602-254-3247

www.nativeconnections.org

DOMESTIC VIOLENCE & SEXUAL ASSAULT

AZ Coalition to End Sexual & Domestic Violence

2800 N. Central Ave., Suite 1570

Phoenix, AZ 85004

(602) 279-2900

<http://www.azcadv.org/>

EMPACT - Domestic or Sexual Assault

480-736-4949 or toll free

1-800-656-HOPE

RAINN-Rape, Abuse, Incest National Network

1-800-656-HOPE

<https://rainn.org/>

EATING DISORDERS

Banner Behavioral Health Outpatient
602-254-4357(HELP)

Marc Center Behavioral Health Outpatient Clinic
480-844-1653
4250 E. Florian Avenue, Building 1
Mesa, AZ 85206

Remuda Ranch Center for Anorexia and Bulimia
1-800-455-1900
Chandler and Wickenburg
www.remudaranch.com
Provides Christian-based intensive inpatient and residential programs for Women and girls with eating disorders and related issues.

EDUCATIONAL

Arizona Literacy and Learning Center
480-528-5793
1400 N Gilbert Rd., Ste P
Gilbert, AZ 85234
www.azliteracy.org

Provides early childhood screening for developmental stages, reading readiness, dyslexia and other learning disabilities. Provides diagnosis and therapy for children/adults with dyslexia and speech/language disabilities.

Mesa Laubach Literacy Council, Inc
480-964-3833
161 N. Mesa Drive
Mesa, AZ 85201
Tutors ESL, English, reading and math to non-English and English speaking adults. Adults and teens, age 16 and up, are eligible.

My Child's Ready- Child Crisis Center
480-304-9440
PO Box 4114
Mesa, AZ 85211
www.childcrisis.org
Offers free personal home visits, parent group meetings, developmental screenings, and resources for families in Gilbert, Mesa, and Queen Creek.

Perry Branch Library
602-652-3000
1965 E. Queen Creek Road
Gilbert, AZ 85297

Rehabilitation Services of Arizona (RSA)
602-542-3332

The Family Tree Project – Mesa Public Schools
480-472-7277
www.mpsaz.org/ecped
Offers preschool for children in 3-5 age group in conjunction with adult ed classes for their parents, in adjoining rooms.

EMERGENCY ANIMAL PLACEMENT SERVICES

AZ Humane Society
1521 W Dobbins Rd
Phoenix, AZ 85041
602-997-7585

EMERGENCY/NON-EMERGENCY NUMBERS

Adult Protective Services
602-255-0996

Apache Junction Police
480-982-8260

Chandler Police Department
480-782-4130

Child Protective Services (CPS)
888-767-2445

Gilbert Fire Department Information
480-503-6300

Gilbert Police Department
480-503-6500

Maricopa County Sheriff's Department
602-876-1011

Mesa Police Department
480-644-2211 opt 2

EMPLOYMENT SERVICES

Maricopa Workforce Connections

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

480-497-0350

<http://myhsd.maricopa.gov/Divisions/Workforce-Development.aspx>

Provides job coaching, peer support groups, professional mentoring, job placement assistance and other services. Eligibility includes the unemployed, underemployed and working poor.

Rehabilitation Services of Arizona (RSA)

1-800-563-1221

www.Azdes.gov/rsa/

Beacon

Job placement services for learning disabled individuals.

602-685-9703 x201

2222 N.24th St

Phoenix, AZ 85008

<http://www.beacongroup.org/>

Tumbleweed

602-271-9904

24 hr. Crisis – 602-841-5799

3707 N 7th St Ste 305

Phoenix, AZ 85014

602-271-9904

www.tumbleweed.org

FAMILY SUPPORT & COUNSELING SERVICES

ANASAZI Foundation

1424 South Stapley Dr. Mesa, Arizona 85204

480.892.7403

<http://www.anasazi.org/>

Aurora Behavioral Health System

6352 S. Maple Ave.

Tempe, AZ 85283

480-345-5420

<http://www.auroraarizona.com/>

AZ Department of Economic Security

The Arizona Department of Economic Security makes Arizona stronger by helping Arizonans reach their potential through temporary assistance for those in need, and care for the vulnerable.

602-542-4791

<https://www.azdes.gov/>

Arizona Psychological Association

4015 S. McClintock Drive, Suite # 110 Tempe, Arizona 85282

480-675-9477

<http://www.azpa.org/?page=A2>

Banner Behavioral Health

Offers inpatient and outpatient care

7575 E. Earll Dr.

Scottsdale, AZ 85251

480-448-7500

<http://www.bannerhealth.com/>

Child and Family Support Services

10439 S. 51st Street Suite 100,

Phoenix, AZ 85044

480-635-9944

<https://cfss.com/>

Child Crisis Center

604 W 9th St

Mesa, AZ 85201

480-969-2308

<http://www.childcrisis.org/>

Community Bridges Aspire

1012 S. Stapley Dr. Building #5 Mesa, AZ 85204

480-768-6022

<http://communitybridgesaz.org/program-directory/>

East Valley Catholic Social Services

430 N. Dobson Road Suite 110 Mesa, AZ 85201

480-964-8771

<http://mesa.cylex-usa.com/company/east-valley-catholic-social-service-1781280.html>

Family Resource Center

817 N. Country Club Dr. Mesa, AZ 85201

480-834-9424

<http://www.childcrisis.org>

Family Service Agency

943 S. Gilbert Rd. #204, Mesa, AZ 85204
480-507-8619
<http://fsaphoenix.org>

Gilbert Cares

501W. Country Estates Avenue Gilbert, AZ 85233
480-857-8581
<http://www.gilbertcares.org/>

Gilbert Community Action Program

1140 N. Gilbert Rd #109 Gilbert, AZ 85234
480-892-5331
<http://www.gilbertaz.gov/residents/living-in-gilbert/housing-community-development/social-services>

Jewish Family and Children's Services

1255 W Baseline Rd Ste B, Mesa, AZ Mesa, AZ 85210
480-820-0825
<http://www.ifcsaz.org>

LDS Family Services

235 South El Dorado Circle Mesa, AZ 85202
Phone: (480) 968-2995
<https://providentliving.id>

MARC Center Behavioral Health Outpatient Clinic

924 N Country Club Dr, Mesa, AZ 85201
480-969-3800
<http://marccr.com/>

Maricopa County Domestic Violence Resources

<http://www.azlawhelp.org/>

Mercy Maricopa

602-222-9444
<http://www.mercymaricopa.org/>
www.crisisnetwork.org

A New Leaf

Homeless and domestic violence shelters with services, affordable housing solutions, behavioral health and case management services, foster care, counseling, financial literacy coaching, and basic needs.
868 E University Dr. Mesa, AZ 85203
480-969-4024
<http://www.turnanewleaf.org>

Oasis Behavioral Health

2190 N. Grace Blvd. Chandler, AZ 85225
480-917-9301
<http://www.obhhospital.com/>

Phoenix Children's Hospital

Mercy Gilbert Medical Center
3555 South Val Vista Drive Gilbert Arizona 85296
602-933-1000
<http://www.phoenixchildrens.org/locations/mercy-gilbert-pediatric-inpatient>

Spectrum Psychology Wellness

1772 East Boston St. #105 Gilbert, AZ 85295
602-492-3025
<http://spectrumwellnessaz.com/>

St. Luke's Behavioral Health Center

1800 E Van Buren St, Phoenix, AZ 85006
602-251-8535
<http://www.stlukesbehavioralhealth.com/>

Town of Gilbert Youth and Adult Resources

75 East Civic Center Drive Gilbert, AZ 85296
480-635-7701
<http://www.gilbertaz.gov/departments/police/youth-adult-resources>

Dr. Eric Benjamin, MD

Phoenix Children's Hospital
1919 East Thomas Road
Phoenix, AZ 85016
602-546-1000

Ms. Lisa Bravo, MC

Counseling
1490 S. Price Rd. # 110, Chandler, AZ 85286
480-382-2894
<https://thebravoeffect.com/>

Natasha Daniels, LCSW

825 W. Warner Road Chandler Arizona 85225
480-612-4444
<http://www.hillchildcounseling.com/>

Dr. Warren Littleford

1490 S Price Road Suite 202
Chandler, Arizona
520-704-8196

Dr. Shirley Reimer, Psychologist
1553 W. Todd Dr. #103 Tempe, AZ
480-206-5002

Dr. Cheryl Smith, LCSW
602-690-8079

Ms. Jean Sokol, LCSW
2435 E Southern Ave #2, Tempe, AZ 85282
480-522-4113

Dr. Mark Treegoob, Psychologist
6625 S. Rural Rd. #111 Tempe, AZ 85283
480-409-2321

FINANCIAL/HOUSING/FOOD ASSISTANCE

Arizona Department of Economic Security
623-245-6300
4502 W. Indian School Rd
Phoenix, AZ
www.azdes.gov

Boys & Girls Club
480-813-2020
44 N. Oak
Gilbert, AZ 85233
<http://www.clubzona.org/locations/gilbert/>

Gilbert Community Action Program
480-892-5331
1140 N. Gilbert Rd Suite 109
Gilbert, AZ 85234
Assists families with issues including employment training, job searches, child care, budgeting, and credit counseling. Provides financial assistance to prevent eviction or other temporary housing needs including rental payments, mortgage assistance, utility payments, baby formula and food. Assists with air conditioning repairs in the summer for those who cannot afford to pay for repairs themselves.

Gilbert Youth & Adult Resources
(affiliate of Gilbert Police Dept.)
480-635-7701
75 E. Civic Center Dr.
Gilbert, AZ 85296

Matthew's Crossing Food Bank
480-857-2296
1368 N. Arizona Avenue, Suite 115
Chandler, AZ 85225
Offers free food distribution once per month per family. Low cost food boxes are available for purchase once a week using cash or food stamps.
www.matthewscrossing.org

Paz De Cristo
480-464-2370
424 W. Broadway Road
Mesa, AZ 85210
Distributes emergency food boxes to people in need. Prepares and serves congregate meals. Assists with medical expenses.

Salvation Army Chandler
480-963-2041
85 E. Saragosa Street
Chandler, AZ 85225
Provides assistance to individuals and families in need. Services include emergency food boxes, electric and gas utility.
www.salvationarmyofchandler.org/

Save the Family
480-898-0228
125 E. University Dr.
Mesa, AZ 85201
Provides a variety of rental assistance and transitional housing programs to low income families.
www.savethefamily.org

Supplemental Security Income (SSI)
1-800-772-1213
www.ssa.gov

United Food Bank—Help Yourself/Kids Café
480-926-4897
358 E. Javelina Avenue
Mesa, AZ 85210
<https://unitedfoodbank.org/aboutus/programs/help-yourself/>

GRIEF AND LOSS

Banner Hospice Groups and Classes

480-657-1167

<https://www.bannerhealth.com/Locations/Arizona/Banner+Hospice/Support+Groups/Support+Groups.htm>

Peer support for those grieving loss of a loved one

Christy Center for Loss and Renewal

480-775-5202

1730 W. Guadalupe Road

Saint Timothy's Church

Mesa, AZ 85202

Provides grief and loss support groups for children, adults, and families.

Franciscan Renewal Center

Support Group – 480-948-7460

5802 E. Lincoln Dr.

Scottsdale, AZ 85253

Hospice of the Valley

1982 E Woodside Ct

Gilbert, AZ 85297

480-786-4482

www.hov.org

Mothers Against Drunk Driving

602-240-6500

<http://www.madd.org/local-offices/az/>

New Song Center for Grieving Children

Hospice of the Valley

<https://www.hov.org/welcome-new-song-center-grieving-children>

Support for grieving youth

Stepping Stones of Hope

602-264-7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

Offers several different programs to help children and adults cope with grief and loss. Includes a variety of camp experiences specifically designed to help families address and process grief.

www.steppingstonesofhope.org

HEALTH CARE RESOURCES

AHCCCS

Arizona Health Care Cost Containment System

602-417-4000

www.azahcccs.gov

Arizona Department of Health Services (ADHS)

602-542-1025

150 N. 18th Avenue

Phoenix, AZ 85007-3232

www.azdhs.gov

Banner Baywood Medical Center

480-543-2000

1900 N. Higley Rd.

Gilbert, AZ 85234

Banner Desert & Cardon Children's Medical Centers

480-412-3000

1400 S. Dobson Road

Mesa, AZ 85202-4758

Care Partnership Clinic

480-833-8987

466 S. Bellview St.

Mesa, AZ 85204

Prenatal care and Pediatric outpatient clinic.

Chandler Regional Medical Center

480-728-3000

1955 W. Frye Rd

Chandler, AZ 85224-5695

Desert Vista Behavioral Health Hospital

570 W Brown Rd

Mesa, AZ 85201

480-344-2000

Maricopa County Department of Public Health

602-506-6900

4041 N. Central Ave.

Phoenix, AZ 85012

<http://www.maricopa.gov/publichealth>

Mission of Mercy-Arizona

480-861-2233
360 E. Coronado Road, #160
Phoenix, AZ 85004
Offers free primary medical care for working poor
and uninsured.
<http://www.amissionofmercy.org/arizona/>

Office for Special Health Care Needs (OSHCN)

602-542-1860
1-800-232-1676 hotline
150 N. 18th Ave. #320
Phoenix, AZ 85007
<http://www.azdhs.gov/>

St. Lukes Medical Center

602-821-8100
1800 E Van Buren St
Phoenix, AZ 85006
www.stlukesmedcenter.com

Value Options

602-957-2220

LEGAL**Child Support Enforcement**

602-252-4045
https://www.azdes.gov/az_child_support/

**Maricopa County Bar Association -
Lawyer Referral Service**

602-257-4434
<http://maricopalawyers.org/>

MENTAL HEALTH**Aurora Behavioral Health System**

480-345-5420 24-Hour Helpline
6015 W. Peoria Ave.
Glendale, AZ 85302
www.auroraarizona.com/

East Valley Catholic Social Services

480-964-8771

Family Involvement Center

602-412-4095
5333 N 7th St A-100
Phoenix, AZ 85014
<http://www.familyinvolvementcenter.org>
Marc Center Behavioral Health Outpatient Clinic
4250 E. Florian Avenue, Bldg 1
Mesa, AZ
480-844-1653
<http://marccr.com>

Magellan of Arizona

1-800-631-1314
www.magellanofaz.com

Mentally Ill Kids in Distress - MIKID

602-253-1240
<http://www.mikid.org/>

National Alliance for the Mentally Ill (NAMI-AZ)

602-244-8166
www.namiaz.org

National Institute of Mental Health

www.nimh.nih.gov

PREGNANCY**1st Way Pregnancy Support Center**

602-261-7522
24 hr hotline – 1-800-712-4357
3501 N. 16th St
Phoenix, AZ 85016
www.1stway.net
Provides 24-hour crisis management and counseling
for women who are pregnant. Offers free prenatal
care, ultrasounds, pregnancy testing and referrals for
legal, medical and financial assistance.

Aid to Women Center

480-966-1902
2039 S. Mill Ave., Ste. C
Tempe, AZ 85282
Free pregnancy testing, counseling and education.
www.aidtowomencenter.org/

Hope Women's Center/Women's Resource Center

480-983-HOPE (4673)

Provides mentoring and resources for unplanned pregnancy, drug and/or alcohol abuse, domestic abuse, and homelessness.

<http://www.hopewomenscenter.org/>

Parenting Classes for Parenting Teens

Free series of parent classes designed to facilitate support and offer insight

www.momprops.com

New Turning Point Women's Center

24 hr hotline – 480-586-6896

Provides services to women including crisis counseling, outpatient counseling, pregnancy education, referrals to appropriate community resources and free pregnancy testing.

<http://newturningpoint.com/>

Planned Parenthood

602-277-7526

1235 S. Gilbert Road, Ste. 20
Mesa, AZ 85204

<https://www.plannedparenthood.org>

Pregnancy and Breastfeeding Hotline

1-800-833-4642

http://www.azdhs.gov/phs/owch/hot_line.htm

Teen Outreach Pregnancy Services

480-668-8800

931 E Southern Ave #101
Mesa, AZ 85204

<https://www.teenoutreachaz.org>

SHELTERS**Autumn House (Women & Children)**

480-835-5555

www.womenshelters.org/det/az-autumn_house_domestic_violence_shelter

Community Housing Partnership

602-253-6905

609 N. 9th Street
Phoenix, AZ 85006-3308

Community Services of AZ

480-782-2727

670 N Arizona Ave
Chandler, AZ 85225

Assist with rental evictions, utility cut offs and emergency food

Florence Crittendon

602-274-7318

<https://www.flocrit.org/>

Salvation Army Family Shelter

480-963-2041

85 E. Saragosa Street
Chandler, AZ

SPECIAL NEEDS**Arizona Center for Disability Law**

602-274-6287

www.acdl.com

Arizona Department of Education/Exceptional Student Services (ADE/ESS)

602-542-4013

<http://www.azed.gov/special-education/>

Arizona Disabled Sports

480-835-6273

www.arizonadisabledsports.com/Contacts.html

Arizona Early Intervention Program (AZEIP)

602-532-9960

<https://www.azdes.gov/azeip/>

Arizona Long Term Care System (ALTCS)

602-417-6600

<https://www.azahcccs.gov/applicants/application/ALTCS.aspx>

AZ DEZ - Division of Developmental Disabilities

602-542-0419

https://www.azdes.gov/developmental_disabilities/

Parent Information Network Specialist (PINS)
1-888-877-5910

Rehabilitation Services of Arizona (RSA)
1-800-563-1221
https://www.azdes.gov/rehabilitation_services/

Raising Special Kids
602-242-4366
<http://www.raisingpecialkids.org/>

SUICIDE PREVENTION

Aurora Behavioral Health System
24-Hour Helpline
480-345-5420
<http://www.aurorabehavioral.com/>

La Frontera - Empact (Suicide Intervention)
480-784-1514 Main Line
480-273-8255 (TALK) Suicide Hotline
1232 E Broadway, Ste. 120
Tempe, AZ 85282
www.lafrontera-empact.org/

Magellan of Arizona
1-800-631-1314
www.magellanofaz.com

National Suicide Prevention Lifeline
1-800-273-TALK
Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem.

Teen Life Line, Inc.
602-248-8336 (TEEN)
800-248-8336 (TEEN)
Provides peer counseling and 24-hour confidential phone intervention for teens.
<http://teenlifeline.org/>

TREATMENT CENTERS

Anasazi Foundation
480-892-7403
1424 South Stapley Drive
Mesa, AZ 85204
<http://www.anasazi.org/>
Canyon State Academy
480-987-9700
20061 E Rittenhouse Rd
Queen Creek, AZ 85142
www.canyonstateacademy.com

New Foundation
480-945-3302
1200 N 77th St.
Scottsdale, AZ 85257
<http://thenewfoundation.org/>

A New Leaf
480-733-3024
868 E. University Dr.
Mesa, AZ 85203
www.turnanewleaf.org/

Sunshine Acres (residential treatment)
3405 N Higley Rd
Mesa, AZ 85215
480-823-2540
www.sunshineacres.org/

Cottonwood Tucson
Inpatient holistic behavioral health treatment center
1-800-877-4520
4110 W. Sweetwater Dr.
Tucson, AZ 85745
www.cottonwooddetucson.com

Tumbleweed (residential treatment)
602-271-9904
24 hr Hotline – 602-841-5799
<http://tumbleweed.org/>

Valley LIFE
602-371-0806
Phoenix, 85021
www.valleylifeaz.org/