



H·I·G·L·E·Y

C O N N E C T

E N G A G E

I N S P I R E

COMMUNITY RESOURCE GUIDE

CONNECT, ENGAGE AND INSPIRE

Higley Unified School District

2935 South Recker Road

Gilber, AZ 85295

P: (480) 279.7038

F: (480) 279.7500

husd.org

ALCOHOL & OTHER DRUGS

Adolescent Substance Abuse Program (ASAP)

602-953-2727 (ASAP)
2530 S. Alma School Rd.
Mesa, AZ

Alcoholics Anonymous

602-264-1341—meeting information
www.aaphoenix.org

Alcoholism & Addiction Assistance Assoc.

602-277-7527
4210 N. Longview Ave
Phoenix AZ 85014

AZ Board of Behavioral Examiners

www.azbbhe.us

AZ Drug Information Website

www.drugfree.com

AZ State Conference of Young People in AA

www.ascypaa.org

Specific drug info

Banner Behavioral Health

602-254-HELP—Free helpline
757 E. Earl Drive
Scottsdale, AZ 85251

Offers inpatient and outpatient behavioral health and substance abuse treatment for adolescents and adults.

Center for New Directions

480-507-8619
943 S. Gilbert Road, Suite 204
Mesa, AZ 85204
Provides substance abuse treatment services and behavioral health counseling.

Cocaine Anonymous

www.caarizona.org

Community Bridges/Journey-A New Beginning

480-962-7922
1550 N. Stonehenge Drive
East Valley Addiction Center
480-962-7711
Helpline 602-222-9444 or 1-800-662-4357

www.samhsa.gov

East Valley AA Intergroup Office

www.aamesaaz.org

East Valley AA meeting lists

Families Anonymous

www.familiesanonymous.org

Hazelden Resource Materials

www.hazelden.org

Hope Women's Center/Women's Resource Center

480-983-HOPE
252 N. Ironwood Drive
Apache Junction, Arizona 85120

Provides mentoring and resources for issues including unplanned pregnancy, drug and/or alcohol abuse, domestic abuse and homelessness.

Magellan Behavioral Health Crisis Line and Suicide

1-800-564-5465

Marc Center Behavioral Health Outpatient Clinic

480-844-1653
4250 E. Florian Avenue, Bldg 1
Mesa, AZ 85206

Narcotics Anonymous

www.na.org
480-897-4636

National Institute on Drug Abuse

www.nida.nih.gov
www.clubdrugs.org

Nicotine Anonymous

602-900-3860

Substance Abuse and Mental Health Services Administration

www.Samhsa.org

Treatment Assessment Screening Center (TASC)

480-898-1849
423 N Country Club Dr., Ste. 19
Mesa, AZ 85201

www.tasc-arizona.org

Terros Drug and Alcohol Abuse

602-685-6000
3864 N. 27th Avenue
Phoenix, AZ 85029
www.terros.org

Twelve Step Family and Friends Support

www.alanon.org

Valley Wide Young People in AA

www.valypaa.org

Young peoples AA meeting lists

CRISIS HOTLINES

Boys Town National Hotline

800-448-3000

Crisis Connection, Inc. 24-hour Hotline

1-800-245-4580

www.crisisconnectioninc.org

EMPACT Suicide Hotline

480-784-1500

Magellan Behavioral Health Crisis Line and Suicide

1-800-564-5465

Maricopa Crisis Hotline

602-222-9444

National Youth Crisis Line

1-800-448-4663

Safe Hotline

480-279-7233—www.safeline@husd.org

Sexual Abuse Hotline

602-254-6400

Shelter Hotline

1-800-799-7739 or 602-263-8900

Teen Hotline

602-277-7722

Teen Lifeline

800-248-TEEN

Teens Talking to Teens Peer Counseling

480-461-8888

CULTURAL RESOURCES

Black Family Children's Services

602-256-2948

Native American Connections

602-254-3247

DOMESTIC VIOLENCE & SEXUAL ASSAULT

Arizona Sexual Assault Network

602-258-1195

Center Against Sexual Assault (lectures)

602-254-6400

Crime Victims Compensation

602-279-2900

Sexual Assault Counseling

480-736-4949

EATING DISORDERS

Marc Center Behavioral Health Outpatient Clinic

480-844-1653

4250 E. Florian Avenue, Building 1

Mesa, AZ 85206

Remuda Ranch Center for Anorexia and Bulimia

1-800-455-1900 x5288

One East Apache St.

Wickenburg, AZ 85390

www.remudaranch.com

Provides Christian-based intensive inpatient and residential programs for

Women and girls with eating disorders and related issues.

Samaritan Willow Creek

602-254-4357

Self Help for Eating Disorders (SHED)

480-994-9773

EDUCATIONAL

Arizona Literacy and Learning Center of the East Valley

480-528-5793

33 N. Lindsay Road, Suite 109

Gilbert, AZ 85234

www.azlit.org

Provides early childhood screening for developmental stages, reading readiness, dyslexia and other learning disabilities. Provides diagnosis and therapy for children/adults with dyslexia and speech/language disabilities.

Carmel Community Reading Skills

480-726-8100

305 W. Barrow Dr.

Chandler, AZ 85225

Provides reading skills workshops for ages 4-8

Mesa Laubach Literacy Council, Inc

480-964-3833

161 N. Mesa Drive

Mesa, AZ 85201

Tutors ESL, English, reading and amth to non-English and English speaking adults. Adults and teens, age 16 and up, are eligible.

My Child's Ready-Child Crisis Center

480-304-9440

1045 E. University Drive

Mesa, AZ 85203

www.childcrisis.org

Offers free personal home visits, parent group meetings, developmental screenings, and resources for families in Gilbert, Mesa, and Queen Creek.

Perry Branch Library

602-652-3000
1965 E. Queen Creek Road
Gilbert, AZ 85296

Provides library services, children’s story hours and programming and adult programming.

Rehabilitation Services of Arizona (RSA)

602-542-3332

The Family Tree Project

480-472-7277
549 N. Stapley Drive
Mesa, AZ 85203

Offers preschool for children in 3-4 age group in conjunction with adult ed classes for their parents, in adjoining rooms.

EMERGENCY ANIMAL PLACEMENT SERVICES

AZ Humane Society
602-977-7585

EMERGENCY/NONEMERGENCY NUMBERS

Adult Protective Services

602-255-0996

Apache Junction Police

480-982-8260

Chandler Police Department

480-782-2470

Child Protective Services (CPS)

888-767-2445

Gilbert Police Department

480-503-6500

Maricopa County Sheriff’s Department

602-256-1011

Mesa Police Department

480-644-2211

Nine Line (runaway)

1-800-999-9999

EMPLOYMENT SERVICES

Arizona Women’s Education and Employment

480-497-0350 x223

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

Provides job coaching, peer support groups, professional mentoring, job placement assistance and other services. Eligibility includes the unemployed, underemployed and working poor.

Arizona Workforce Connection—Gilbert

480-497-0350

735 N. Gilbert Road, Suite 134

Gilbert, AZ 85234

Provides employment assistance and training to adults, low income youth, and others with serious barriers to employment. Services include occupational and vocational training, job search training, employment counseling, basic education assistance and job search assistance.

Maricopa Workforce Connections Career Development Center-Gilbert

602-372-9700

735 N. Gilbert Road

Employment center with services for employers and job seekers including employee recruitment, employment opportunities advertisements, job search and retention assistance and information about and referrals to available community resources.

Rehabilitation Services of Arizona (RSA)

602-542-3332

Tetra Corporation

602-685-9703 x208

2222 N.24th St

Phoenix, AZ 85008

www.tetracorp.com

Job placement services for learning disabled individuals.

Tumbleweed

602-271-9904

1419 N. 3rd Street, Suite 102

Phoenix, AZ 85004

www.tumbleweed.org

FAMILY SUPPORT & COUNSELING SERVICES

Anasazi Outdoor Program for Young Adults

480-892-7403

1424 S. Stapley Drive

Mesa, AZ 85204

Offers outdoor wilderness behavioral healthcare program for young adults, ages 18-25 facing concerns including adjustment, anxiety, bipolar disorder, depression, eating disorders, obsessive-compulsive disorder, suicide ideation and substance abuse/dependence. Parent involvement is encouraged. Minimum stay is 42 days.

Association for Supportive Child Care

480-829-0500

3910 S. Rural Rd., Ste. E

Tempe, AZ 85282

AZ Department of Economic Security

602-542-4791

www.azdes.gov

Arizona Psychological Association

480-675-9477

1843 E. Southern Avenue

Tempe, AZ 85282

Provides information to the public about psychotherapy and psychologists.

Banner Desert Behavioral Health Center

602-254-HELP (4357)

2225 W. Southern Ave.

Mesa, AZ 85202

Dr. Eric Benjamin, MD

602-546-0990

Phoenix Children's Hospital

1919 East Thomas Road

Phoenix, AZ 85016

Boys & Girls Clubs Gilbert Teen Center

480-813-2020

44 N. Oak

Gilbert, AZ 85299

Provides guidance through educational, vocational, physical, group, social, and recreational activities. Develops alternatives to gang involvement.

Lisa Bravo

480-382-2894

Center Against Sexual Abuse (CASA)

602-254-9000

Center Against Sexual Assault

602-254-6400

2333 N. Center Ave.

Phoenix, AZ 85004

Child Care Resource and Referral

480-244-2678

3910 S. Rural Rd., Ste. O

Tempe, AZ 85282

Child Crisis Center Counseling

480-222-0194

120 W. University Drive

Mesa, AZ 85201

Offers a variety of individual group and family counseling. Specific topics include adolescent/youth, anger management, grief, divorce and parent counseling.

Child Crisis Center – East Valley

480-969-2308

Children's Advocacy Center

602-861-6735

185 E. Northern Avenue, Suite 202

Phoenix, AZ 85020

Offers treatment for abuse, grief, trauma, divorce, adoption and attachment issues. Uses play therapy and art therapy with children.

Child and Family Support Services

480-635-9944

Child Crisis Center

480-969-2308

817 N. Country Club Dr.

Mesa, AZ 85211

Dr. Rebecca Lahann

602-492-3025

Dr. Warren Littleford

520-704-8196

Dr. Lynn Nunemacher

480-788-1899

Dr. Tony Rusch

602-492-3146

East Valley Catholic Social Services

480-964-8771

www.catholicsocialservices.com

East Valley Friends and Neighbors Club

480-636-8696

Social club that organizes social, charitable and educational activities.

Family Resource Center

480-834-9424

www.childcrisis.org

Family Service Agency

602-264-9891

2400 N. Central Avenue, Suite 400

Phoenix, AZ 85004

FSA-Center for New Directions

480-507-8619

943 S. Gilbert Rd., Ste. 204

Mesa, AZ 85204

Gilbert Cares

480-857-8581

501 W. Country Estates Avenue

Gilbert, AZ 85233

Refurbishes homes of low income seniors, individuals with disabilities, and at-risk families in the East Valley. Provides community service opportunities for youth groups.

Gilbert Community Action Program (CAP)

480-892-5331

1140 N. Gilbert Rd #109

Gilbert, AZ 85234

Gilbert Community Services Department

480-503-6200

Provides recreational programs for all ages throughout Gilbert.

Gilbert Fire Department Information

480-503-6300

www.gilbert.az.us**Gilbert Police Information**

480-503-6500

Hill Child Counseling

480-612-444

www.hillchildcounseling.com**Interfaith Counseling of the East Valley**

480-969-2783

Jewish Family & Children's Services

480-820-0825

1930 S. Alma School Rd., Ste. A104

Mesa, AZ 85210

LDS Family Services

480-968-2995

235 South El Dorado Circle

Mesa, AZ 85202

Marc Center Behavioral Health Outpatient Clinic

480-844-1653

4250 E. Florian Avenue, Building 1

Mesa, AZ 85206

Provides individual, group and family counseling and psycho-education that may vary in level of intensity. Addresses a variety of needs, including situational

stressors, family relations, interpersonal relationships, mental health issues, psychiatric illnesses, addictions and eating disorders.

Magellan Behavioral Health

1-800-564-5465

Magellan Behavioral Health

1-800-56405465

Maricopa County Mental Health

602-220-0278

4011 N. 16th St.

Phoenix, AZ

Parc Place

480-917-9301

2190 N. Grace Blvd.

Chandler, AZ 85225

www.parc-place.com**Parents Anonymous Parenting**

1-800-352-0528

Parenting Services Info Line

480-834-9365

Parenting Skills Program

480-967-6893

Phoenix Children's Hospital

602-546-1000

www.phoenixchildrens.com**Reimer, Shirley**

480-206-5002

Sokol, Jean

480-522-4113

Southwest Behavioral Health Services

602-265-8338

3450 North 3rd Street

Phoenix, AZ 85012

Dr. Mark Treegoob, Psychologist, PhD

480/409-2321 x19

6625 S. Rural Rd, #111

Tempe, AZ 85283 or

14021 N. 51st Ave., #118

Glendale, AZ 85306

Tri-City Behavioral Health

480-839-3603

1232 E. Broadway

Tempe, AZ 85282

Turn a New Leaf

480-733-3080

www.TurnaNewLeaf.org

FINANCIAL/HOUSING/FOOD ASSISTANCE

Arizona Department of Economic Security

480-777-1168 480-497-0350
2288 W. Guadalupe Rd 735 N. Gilbert Rd., Ste 134
Gilbert, AZ 85233 Gilbert, AZ 85234

Boys & Girls Club

480-813-2020
44 N. Oak
Gilbert, AZ 85233

Community Information and Referral

602-263-8856 — Hotline Number

Gilbert Community Action Program

480-892-5331
1140 N. Gilbert Rd Suite 109
Gilbert, AZ 85234

Assists families with issues including employment training, job searches, child care, budgeting, and credit counseling. Provides financial assistance to prevent eviction or other temporary housing needs including rental payments, mortgage assistance, utility payments, baby formula and food. Assists with air conditioning repairs in the summer for those who cannot afford to pay for repairs themselves.

Gilbert Fire Department Information

480-503-6300

Gilbert Police Information

480-503-6500

Gilbert Youth & Adult Resources (affiliate of Gilbert Police Dept.)

480-635-7700
75 E. Civic Center Dr.
Gilbert, AZ 85296

Maricopa Information Referral

602-263-8856

Matthew's Crossing Food Bank

480-857-2296
1368 N. Arizona Avenue, Suite 115
Chandler, AZ 85225

Offers free food distribution once per month per family. Low cost food boxes are available for purchase once a week using cash or food stamps.

Paz De Cristo

480-464-2370
424 W. Broadway Road
Mesa, AZ 85210

Distributes emergency food boxes to people in need.

Prepares and serves congregate meals. Assists with medical expenses.

Salvation Army Chandler

480-963-2041
85 E. Saragosa Street
Chandler, AZ 85225

Provides assistance to individuals and families in need. Services include emergency food boxes, electric and gas utility.

Save the Family

480-898-0228
450 W. 4th Place
Mesa, AZ 85201

Provides a variety of rental assistance and transitional housing programs to low income families.

Supplemental Security Income (SSI)

1-800-772-1213

United Food Bank—Help Yourself/Kids Café

480-926-4897
358 E. Javelina Avenue
Mesa, AZ 85210

Provides \$26-\$30 worth of food for \$16 cash or EBT. Kids Café provides nutritionally balanced evening meals five times per week to at-risk children in Gilbert, Chandler, Apache Junction and other areas.

Value Options

800-631-1314
444 N. 44th St.
Phoenix, AZ 85008

GRIEF AND LOSS

Banner Baywood Grief Support Group

480-321-2000
6644 E. Baywood Avenue
Mesa, AZ 85206

Peer support for those grieving the loss of a loved one

Catholic Social Services

602-997-6105
1825 W. Northern
Phoenix, AZ 85021

Christy Center for Loss and Renewal

480-775-5202
1730 W. Guadalupe Road
Saint Timothy's Church
Mesa, AZ 85202

Provides grief and loss support groups for children, adults, and families.

Franciscan Renewal Center

Support Group – 480-948-7460

Grief & Loss Groups – 623-560-0500 x246

Grief Recovery Outreach – 623-245-0994

Gatewings

Grief workshops

www.gatewings.com

Hospice of the Valley

602-530-6900

Mothers Against Drunk Driving

602-220-6500

Mothers Against Gangs

602-235-9823

New Song Center

1510 E. Flower St.

Phoenix, AZ 85014

480-951-8985

www.thenewsongcenter.org

Support for grieving youth

Safe Harbor Support, Inc.

480-214-5728

270 E. Tremaine Ave.

Gilbert, AZ 85234

Provides crisis intervention and ongoing support for people who have lost loved ones in automobile accidents.

Stepping Stones of Hope

602-264-7520

4000 N. 7th Street, Suite 108

Phoenix, AZ 85014

Offers several different programs to help children and adults cope with grief and loss. Includes a variety of camp experiences specifically designed to help families address and process grief.

HEALTH CARE RESOURCES**ACCESS**

800-564-5465

Arizona Department of Health Services (ADHS)

602-542-1025

150 N. 18th Avenue

Phoenix, AZ 85007-3232

Banner Baywood Medical Center

480-321-2000

6644 E. Baywood Avenue

Mesa, AZ 85206-1797

Banner Desert Medical Center

480-512-3000

1400 S. Dobson Road

Mesa, AZ 85202-4758

Care Partnership Clinic

480-833-8987

466 S. Bellview St.

Mesa, AZ 85204

Prenatal care and Pediatric outpatient clinic.

Chandler Regional Hospital

480-728-3000

475 S. Dobson Road

Chandler, AZ 85224-5695

Desert Vista

800-338-6333

Gilbert Hospital

480-503-5400

1501 N. Gilbert Road

Gilbert, AZ 85234

Good Samaritan Healthline

800-254-4357

Healthy Kids Dental Clinic

623-434-9343 x111

Maricopa County Department of Public Health

602-506-6900

Mission of Mercy-Mesa

602-486-7798

1616 E. Broadway Road

Mesa, AZ 85204

Offers free primary medical care for working poor and uninsured.

Office for Special Health Care Needs (OSHCN)

602-542-1860

Outreach Office

480-833-8987

St. Lukes

800-821-4193

The Mesa Partnership

480-858-1972

Well Care Clinic at Gilbert Boys and Girls Club

602-263-7619

44 N. Oak St.

Gilbert, AZ 85233

Provides integrated health care for those single working mothers and/or their children who cannot afford necessary health care.

Value Options

602-222-9444

LEGAL

Child Support Enforcement

602-252-4045

Lawyer Referral Services

602-257-4434

MENTAL HEALTH

Family Involvement Center

602-288-0155

Help to improve services for children with a behavior health disability

Magellan Behavioral Health

1-800-564-5465

Mentally Ill Kids in Distress (MIKID)

602-253-1240

National Alliance for the Mentally Ill (NAMI-AZ)

602-244-8166

National Institute of Mental Health

www.nimh.nih.gov

PREGNANCY

1st Way Pregnancy Support Center

602-261-7522

333 E. McDowell Road

Phoenix, AZ 85004

Provides 24-hour crisis management and counseling for women who are pregnant. Offers free prenatal care, ultrasounds, pregnancy testing and referrals for legal, medical and financial assistance.

Aid to Women Center

480-966-1902

2039 S. Mill Ave., Ste. C

Tempe, AZ 85282

Free pregnancy testing, counseling and education.

East Valley Catholic Social Services

480-964-8771

Hope Women's Center/Women's Resource Center

480-983-HOPE

252 N. Ironwood Drive

Apache Junction, Arizona 85120

Provides mentoring and resources for unplanned pregnancy, drug and/or alcohol abuse, domestic abuse, and homelessness.

Parenting Classes for Parenting Teens

Free series of parent classes designed to facilitate support and offer insight

www.momprops.com

New Turning Point Women's Center

480-586-6896

459 N. Gilbert Rd., Suite A135

Gilbert, AZ 85234

Provides services to women including crisis counseling, outpatient counseling, pregnancy education, referrals to appropriate community resources and free pregnancy testing.

Planned Parenthood

480-892-7888

1235 S. Gilbert Road, Ste. 20

Mesa, AZ 85204

Pregnancy Hotline

1-800-833-4642

TAPP - Teenage Pregnancy Program

480-472-9351

Teen Outreach Pregnancy Services

54 S. Center St.,

Mesa, AZ 85210

877-882-2881

SHELTERS

Autumn House (Women & Children)

480-835-5555

Division of Pre-hab

Community Housing Partnership

602-253-6905

609 N. 9th Street

Phoenix, AZ 85006-3308

Community Services of AZ

480-963-4321

670 N. Arizona Ave., Ste. 23

Chandler, AZ 85224-14-18

Assist with rental evictions, utility cut offs and emergency food

Florence Crittendon

602-274-7318

Salvation Army Family Shelter

602-267-4130

2707 E. Van Buren Street Ste. 500

Phoenix, AZ 85008-6089

SPECIAL NEEDS

Arizona Center for Disability Law

602-274-6287

Arizona Department of Education/Exceptional Student Services (ADE/ESS)

602-542-4013

Arizona Disabled Sports

480-644-5702

Arizona Early Intervention Program (AZEIP)

602-532-9960

Arizona Long Term Care System (ALTCS)

1-800-772-1213

Division of Developmental Disabilities (DDD)

602-542-0419

Parent Information Network Specialist (PINS)

480-607-3030

Rehabilitation Services of Arizona (RSA)

602-542-3332

Raising Special Kids

602-242-4366

SUICIDE PREVENTION

Empact (Suicide Intervention)

480-784-1514 Main Line

480-784-1500 Suicide Hotline

1232 E Broadway, Ste. 120

Tempe, AZ 85282

Magellan Behavioral Health

1-800-564-5465

National Suicide Prevention Lifeline

1-800-273-TALK

Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem. Also makes referrals to appropriate services for ongoing care, if needed.

Teen Life Line, Inc.

602-248-8336

Provides peer counseling and 24-hour confidential phone intervention for teens.

Teen Suicide: Battle Plan for Parents

602-264-2394

1606 W. Indian School Road

Phoenix, AZ 85015

Offers a course to help parents identify the signs of depression, risk factors, and suicidal behaviors.

TREATMENT CENTERS

Anasazi Foundation

480-892-7403

Canyon State Academy

480-987-9700

Mayfield Center (23 hour respite)

480-464-7468

New Foundation

480-945-3302

1200 N 77th St.

Scottsdale, AZ 85257

Prehab of AZ

480-969-4024

868 E. University Dr.

Mesa, AZ 85203

Sunshine Acres (residential treatment)

480-823-2540

The Cottonwood Challenge

520-743-0411

4110 W. Sweetwater Dr.

Tucson, AZ 85745

www.cottonwooddetucson.com

Tumbleweed (residential treatment)

602-271-9904

Valley of the Sun

602-371-0806

1142 W. Hatcher Rd

Phoenix, 85021